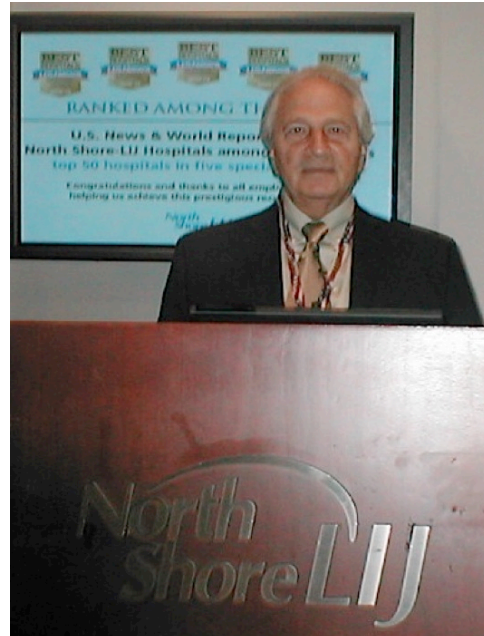


Frederick N. Lukash, MD, FACS, FAAP was the featured speaker on 9/28/12 for the North Shore-LIJ Health System Grand Rounds Regularly Scheduled Series.

North Shore-LIJ Health System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The topic of Dr. Lukash's presentation was "Teenage Plastic Surgery" with learning objectives of: (1) the role of structural surgery in teens and adolescents, (2) an understanding regarding teen and adolescent angst and body image issues and (3) to encourage practitioners not to dismiss all adolescents and teens with body image issues as ones with body dysmorphic disorder and send them for counseling in lieu of surgical considerations.

Dr. Lukash recommended getting a complete analysis both physically and psychologically as to the base issue by eliciting the input of multiple medical disciplines in looking at the teen/adolescent before deciding on treatment options. In various situations a plastic surgery option may not be advisable and counseling may be the right option. However, in other cases, not taking the plastic surgery option could result in deeper emotional and psychological issues that could have been addressed successfully with plastic/reconstruction surgery.



Dr. Lukash emphasized that follow-up with the patient and parents is essential to monitor the teen/adolescent as they grow and to make adjustments should they be needed due to growth and to discuss/note emotional and self esteem changes.

Dr. Lukash has used art with his patients to see them express their emotions before and after surgery. His acclaimed "Operation Art" is a compilation of hundreds of renditions by his

patients and has been displayed in various galleries and is available for a presentation by Dr. Lukash to interested groups.

Dr. Lukash, author of the most complete writing on the subject, *The Safe and Sane Guide to Teenage Plastic Surgery*, available at Amazon and Barnes & Nobel.

Other articles:

- "Plastic Surgery for Teenagers" - American Society of Plastic Surgeons - Briefing paper .
- "Children's Art as a Helpful Index of Anxiety and Self-Esteem with Plastic Surgery" - Journal of the American Society of Plastic Surgeons - Volume 109 - Number 6. - by Frederick N. Lukash, M.D.
- "Children Are Not Small Adults - Treating young patients is a family affair" - by Frederick N. Lukash, MD

For more information or to engage Dr. Frederick N. Lukash, contact: Dana at 516-365-1040